

CHILDREN'S SERVICES GUIDE



Thunder Bay, May 2011

Disclaimer:

The information contained in this guide book includes programs and services for children aged pre-natal to 18 years of age.

Because community programs and services vary throughout the year, some information may be missing or may have changed.

If you are aware of any corrections, please call *Communities Together for Children - Early Years/Best Start*, at (807) 624-5690 or e-mail info@ctctbay.org.

Your assistance in keeping this booklet up-to-date is greatly appreciated.

Thank you.

Table of Contents

Child Care Services

Centre Grandir en français	10
City of Thunder Bay Children's Services	13
Communities Together for Children - Early Years/Best Start	15
Confederation College, Children & Family Centre	18
Footsteps Family Centre	22
George Jeffrey Children's Centre	24
Harbour View Child Care Centre	27
Home Child Care Network	27
Kinderplace Child Care Centre	31
Little Lions Waldorf Daycare & Kindergarten	34
Little Myrtle's Daycare	34
Mahmowenchike Family Development Centre	35
Nanabijou Childcare Centre	36
Rural Roots Children's Centre	43
Schoolhouse Playcare Centre	45
Step by Step Child Care Center	47
Thunder Bay Aboriginal Head Start	48
Thunder Bay District Social Services Administration Board	53
WJ Griffis Children's Centre - CLTB	59

Education/Professional Development

Association des Francophones du Nord-Ouest	2
Child Care Resources	10
Communities Together for Children - Early Years/Best Start	15

CSDC des Aurores boréales	19
Keewatin-Patricia District School Board	30
Kumon Centre Thunder Bay South	32
Lakehead District School Board	33
Scholars Education Centre	45
Seventh-Day Adventist Church and Academy	46
Sylvan Learning Centre	47
Thunder Bay Catholic District School Board	48
Thunder Bay Christian School	49

Health

Al-Anon Alateen	1
Anishnawbe Mushkiki	1
Autism Ontario - Thunder Bay & District Chapter	2
Bingwi Neyaashi Anishinaabek First Nation	3
Birthright of Thunder Bay	4
Canadian Hearing Society	7
Canadian Mental Health Association	8
Canadian National Institute for the Blind	8
Canadian Red Cross	9
Children's Centre Thunder Bay	11
Children's Wish Foundation of Canada	12
Community Care Access Centre (CCAC)	17
Creative Therapy Associates	19
Dilico Anishinabek Family Care	20
Expert Hearing Solutions	21
Fort William First Nation Health Center	22

George Jeffrey Children's Centre	24
Indian Youth Friendship Society	28
Integrated Services for Northern Children	29
NorWest Community Health Centres	37
Nurses Registry Thunder Bay	38
Ontario Native Women's Association	38
Partners in Rehabilitation	40
Pregnancy & Health Community Outreach Project	41
Réseau francophone de santé du Nord de l'Ontario	42
Sister Margaret Smith Centre	46
St. John Ambulance - Thunder Bay	47
Thunder Bay District Health Unit	51
Thunder Bay Regional Health Sciences Centre	56

Parenting - Education & Support

Anishnawbe Mushkiki	1
Association des Francophones du Nord-Ouest	2
Autism Ontario - Thunder Bay & District Chapter	2
Canadian Hearing Society	7
Catholic Family Development Centre	9
Centre Grandir en français	10
Child Care Resources	10
Children's Centre Thunder Bay	11
Communities Together for Children - Early Years/Best Start	15
Confederation College, Children & Family Centre	18
Dilico Anishinabek Family Care	20
Fetal Alcohol Support & Information Network	21

Indian Youth Friendship Society	28
KA:NEN Our Children Our Future	29
Lakehead Social Planning Council	33
Ministry of Community, Family and Children's Services	35
NorWest Community Health Centres	37
Ontario Native Women's Association	38
Our Kids Count (OKC)	39
Precious Bundles	41
Pregnancy & Health Community Outreach Project	41
Rural Family Resource Centre	43
St. John Ambulance - Thunder Bay	47
Thunder Bay Aboriginal Head Start	48
Thunder Bay Christian Community Centre	49
Thunder Bay Counselling Centre	50
Thunder Bay District Health Unit	51
Thunder Bay Down Syndrome Association	53
Thunder Bay Metis Council - Metis CAPC	54
Thunder Bay Public Libraries	54
Upsala Recreation Committee	58
WJ Griffis Children's Centre - CLTB	59

Pre andPost Natal

Anishnawbe Mushkiki	1
Beendigen Inc.	3
Birthright of Thunder Bay	4
Centre Grandir en français	10
Communities Together for Children - Early Years/Best Start	15

Community Midwives of Thunder Bay	18
Confederation College, Children & Family Centre	18
Dilico Anishinabek Family Care	20
Indian Youth Friendship Society	28
La Leche League	32
NorWest Community Health Centres	37
Our Kids Count (OKC)	39
Pregnancy & Health Community Outreach Project	41
Rural Family Resource Centre	43
Thunder Bay Breastfeeding Coalition	48
Thunder Bay District Health Unit	51
Thunder Bay Metis Council - Metis CAPC	54
WJ Griffis Children's Centre - CLTB	59

Recreation

Camp Quality of Northwestern Ontario	6
Canada Games Complex	6
Children's Museum for Thunder Bay	11
City of Thunder Bay, Recreation & Culture Division	14
Fort William Historical Park	23
Giant Gymnastics	25
Girl Guides of Canada	26
Handicap Action Group Inc. Wilderness Discovery Family Resort	27
Kindermusik of Thunder Bay	30
Kindermusik with Kelly Green	31
Music For Young Children	36
Music with Mary Lou	36

PRO Kids - Recreation and Culture Division	42
Scouts Canada: Northern Ontario Council	46
Thunder Bay Christian Community Centre	49
Thunder Bay Gymnastics Association	53
Thunder Bay Public Libraries	54
Thunder Bay Suzuki Strings/Private Teaching Studio	57
Thunder Bay Therapeutic Riding Association	57
Upsala Recreation Committee	58

Social Services

Al-Anon Alateen	1
Beendigen Inc.	3
Children's Aid Society of the District of Thunder Bay	11
Dilico Anishinabek Family Care	20
Lakehead Social Planning Council	33
Thunder Bay District Social Services Administration Board	53

Special Needs

Autism Ontario - Thunder Bay & District Chapter	2
Camp Quality of Northwestern Ontario	6
Child Care Resources	10
Community Care Access Centre (CCAC)	17
Creative Therapy Associates	19
Dilico Anishinabek Family Care	20
Easter Seal Society, (The)	21
Expert Hearing Solutions	21
Fetal Alcohol Support & Information Network	21

George Jeffrey Children's Centre	24
Handicap Action Group Inc. Wilderness Discovery Family Resort	27
Integrated Services for Northern Children	29
Learning Disabilities Association of Thunder Bay	34
Ministry of Community, Family and Children's Services	35
Partners in Rehabilitation	40
Thunder Bay Down Syndrome Association	53
Thunder Bay Therapeutic Riding Association	57
Wesway	58

Children's Services Guide

Al-Anon Alateen

Address: PO Box 10166 Thunder Bay ON P7B5E7

Phone: (807) 622-1906 **Fax:**

Website: www.al-anon.alateen.org

Email:

Program(s) Available

Al-Anon Adult Child Groups

Support groups for individuals or families affected by someone's drinking; groups of relatives or friends band together to share their experiences, strengths and hope; there is much that families can do to help themselves and indirectly the alcoholic, whether he/she is still drinking or not; there are Alateen groups for teens 11-17 years.

Anishnawbe Mushkiki

Address: 29 Royston Court Thunder Bay ON P7A4Y7

Phone: (807) 343-4843 **Fax:** (807) 343-4728

Website: www.anishnawbe-mushkiki.org

Email: info@anishnawbe-mushkiki.org

Program(s) Available

Health Connections

Provides parent education and support, addressing child development. To develop culturally appropriate educational resources, materials, tools and information. Develop and deliver community education workshops. Provide individual and group support in parenting and nutritional issues. Prepare and deliver nutrition education sessions. Organize community kitchen programs.

Healthy Beginning Postnatal and Prenatal

We provide parents with postnatal education and support. Education consists of child development milestones, nutrition, traditional child rearing, cultural activities, budgeting, breastfeeding, feeding your baby etc. We also provide parents with prenatal education and support. Education consists of traditional child rearing, nutrition, lamaze, stages of labour, hospital tour, newborn care etc.

Association des Francophones du Nord-Ouest

Address: 220 Elgin Street Ecole catholique Franco-Superieur Thunder Bay ON P7A0A4

Phone: (807) 684-1953 **Fax:** (807) 344-1604

Website:

Email: grandirenfrancais@tbaytel.net

Program(s) Available

Grandir en français

Le Centre Grandir en français est un centre familiale francophone de Thunder Bay.

Un carrefour Meilleur départ qui appui l'épanouissement de la petite enfance en offrant des programmes préscolaire éducatifs aux enfants de 0 à 6 ans et à leurs familles. Nous offrons des activités entre autres : des groupes de jeux ;un temps de cercle, d'histoires et de contes ;des ateliers pour les parents ; un centre de ressources/joujouthèque ; du dépistage préscolaire ; le programme « les racines de l'empathie » ; et le programme « Ma passerelle à la maternelle »

En partenariat avec l'école catholique Franco-Supérieur, le Centre Grandir en français offre un service de garde avant et après l'école pour les enfants âgés de 4 à 12 ans qui fréquentent cette école, en leur donnant la chance de continuer de vivre en français après les heures de classe. Les activités comprennent entre autres : une programmation enrichissante comprenant des activités physiques et de bricolages ;un programme de devoir ; un programme de cuisine, des collations nutritives ; ainsi que l'accès à diverses salles de l'école.

Autism Ontario - Thunder Bay & District Chapter

Address: 425 Edward Street N Northwood Park Plaza Thunder Bay on P7P4P7

Phone: (807) 622-9713 **Fax:** (807) 622-3980

Website: www.autismontario.com/thunderbay

Email: thunderbay@autismontario.com

Program(s) Available

Realize Community Potential Program

The Realize Community Potential Program is a new, unique service from Autism Ontario designed to directly support families, parents and children with Autism Spectrum Disorder (ASD) through greater access to ASD experts in their communities, and to provide a supportive community-based learning opportunities for children with ASD. www.autismontario.com/rcp

Together for Autism

Together For Autism is a province-wide campaign to raise public awareness about Autism Spectrum Disorders (ASD). It is also a fundraising campaign to support research in the field of Autism - www.togetherforautism.ca

Beendigen Inc.

Address: 100 Anemki Drive , Suite 103 Fort William First Nation Thunder Bay ON P7J1A5

Phone: (807) 622-1121 **Fax:** (807) 622-2240

Website: www.beendigen.com

Email:

Program(s) Available

Community Action Plan-Children

To improve the physical, mental, emotional and spiritual well-being of off-reserve aboriginal families with children from 0 - 6 years of age. For further information call 622-5445. Location: 541 Luci Court, Thunder Bay

Pre and Postnatal Program

We provide complete programs and services for off-reserve pregnant women and their families until baby is 6 months of age. Registered Nurse on site. For further information call 628-0624. Location: 541 Luci Court, Thunder Bay

Bingwi Neyaashi Anishinaabek First Nation

Address: 146 Court Street S Thunder Bay on P7B2X6

Phone: (807) 623-2724 **Fax:** (807) 623-2764

Website:

Email: gtpodolchuk@hotmail.com

Program(s) Available

Aboriginal Healthy Babies Healthy Children

This program is an Ontario legislated prevention/ intervention strategy for families with children ages 0-6. The goal is to assist and address the needs of BNA children at risk who reside in Thunder Bay through education, family home visiting, and coordination/access to services. Advocacy and referral is provided upon request to the BNA families living outside the city of Thunder Bay. For more information go to: www.ahwsontario.ca.

Community Wellness Worker

Advocacy, Promotion and awareness of healthy living, Referrals to other service providers, Educational resource library

Birthright of Thunder Bay

Address: 281-B Bay Street Thunder Bay ON P7B1R7

Phone: (807) 345-3200 **Fax:**

Website: www.birthright.org

Email:

Program(s) Available

Birthright

Birthright provides free pregnancy tests, counselling and practical help to women facing a distressing pregnancy.

Boys & Girls Clubs of Thunder Bay

Address: 270 Windsor St Thunder Bay ON P7B1V6

Phone: (807) 623-0354 **Fax:** (807) 622-5000

Website: tbayboysandgirlsclub.org

Email: tbbgc@tbaytel.net

Program(s) Available

Community Access Program (CAP)

Both of these sites have computers available as part of the CAP Program. Our computers are generally used by children and youth but are available for parents and adults to use. We do ask that you call first when using the computers during the day. After school hours priority is given to children and youth of the Boys and Girls Club.

We have use of the internet available at no cost at two locations: (1) Main Club - 706 McTavish Street (2) Vale Unit - 420 Vale St.. For more information on the CAP Program please check out the following website: cap.ic.gc.ca/pub/index.html

Community Nutrition Program

Our goal is to provide a nutritional breakfast to our members. With the proper nutrition, students can better meet their educational opportunities. Along with the breakfast are educational, environmental and physical program components. Members assist with the planning, serving and the program delivery.

In the Summer Program the Breakfast Club is included Monday to Friday. The members are encouraged to be dropped off at 8 am. If your child has any food restrictions or allergies, please notify Program Staff. Breakfast is also provided on Registered Activity Days.

Mobile Sk8 Park

All of our staff as well as select members of the Youth Zone Skatepark participated in the first ever National Skateboard Certification Program© (NSCP) held in Thunder Bay. Both parks can now offer participants lessons and tips from nationally certified instructors.

Outreach Program	All children must bring indoor shoes and should have a complete membership. Be sure to be there on time and ready for fun. Monday: Vance Chapman School (Parking Lot Door) 6:30 pm - 8:30 pm; Tuesday: Ogden Community School (Daycare Playground Door) - grades 1-12 6:30 pm - 9:00 pm - children 8 and under leave at 8:00 pm.; Wednesday: Kingsway School 3:30 pm - 5:00 pm; Thursday: St. Ann Catholic School (Parking Lot Door) 6:30 pm - 8:30 pm; Friday: Every second Friday October 10 - January 30 - St. Jude School 3:30 pm - 5:00 pm - For St. Jude Children only.
Summer Programs	Please see our website for details - www.tbayboysandgirlsclub.org
Vale Unit	<p>Welcome to the Boys and Girls Clubs of Thunder Bay, Vale Unit. Just like the Main Club, our activities are open to members 4-18 years of age. Our Club is heading into its fourth full year in September and the staff can't wait to get started. In the Club we have a full size gym stocked with all types of equipment, commercial size kitchen, craft room, and computer room. In these areas we run all different types of programs. In the gym we have VHL, Staff vs. Kids, and team building activities. In the kitchen we run cooking classes and supper clubs. The craft room is used for homework club, video games, seminars, and of course crafting. In the computer room the members have the chance to research the internet, complete homework, or just play games.</p> <p>The Vale Unit has its own 15 seat passenger van. Once a week the members and staff hop in the van and cruise into the community for outings to places like; Ron's Virtual World, Wiggles and Giggles, Movies, Swimming, and many many more.</p> <p>If all of this sounds fun then come on out and meet our friendly staff and amazing kids. The Vale Unit is located at 420 Vale Ave, off James St. across from the Kinsmen fields. Our hours of operation for the school year: September - June: Monday – Thursday 2:45pm-5:30pm, (Supper Break) 6:30-9pm; Tuesday there is a Supper Club at 5 pm. Members 8 and under go home at 8pm. Fridays - 2:45pm-6pm (Supper at the Club). Hours of operation for Summer, Public School P.A Days, Christmas Break and March Break: 11am - 5 pm; Summer - Monday – Friday.</p>
Windsor After School Program	We provide a safe supervised program that has a variety of activities for school-age children ages 4 - 18 years old.
Windsor Unit	The New Club is located at 270 Windsor St on the corner of Junot and Windsor (the former Forest Park School). Do you want a better idea of what the members are doing at the Windsor Club? Check out the calendars on our website: tbayboysandgirlsclub.org . Club hours are 2:40 - 5:30 and 6:30 - 9pm Monday to Thursday; Children 6 - 8 years old have to leave by 8pm; Fridays - 2:40 - 7pm; After School Program - Grades Jk - 12; Evening Program - Grades 1 - 12.

Camp Quality of Northwestern Ontario

Address: Box 31027 Thunder Bay Mall Thunder Bay ON P7E6V5

Phone: (807) 577-0059 **Fax:** (807) 577-0059

Website: www.campquality.com

Email: director@campqualitynwo.com

Program(s) Available

Camp Quality

Non-profit volunteer organization that provides a camping experience and year round support for children with cancer and their families. The camping program provides a week of activity focusing on the best that life has to offer in a healthy, natural setting. Staff are volunteers who commit more than a week of their time to the program - they are the heart of Camp Quality. Eligibility: Ages 3 to 18 and in remission or receiving cancer treatment.

Canada Games Complex

Address: 420 Winnipeg Avenue Canada Games Complex Thunder Bay ON P7B6B7

Phone: (807) 684-3339 **Fax:** (807) 345-4520

Website: www.gamescomplex.com

Email:

Program(s) Available

4 Strokes 4 Fun	An introduction to competitive swimming.
Adventurer's Camp	Every summer, a camp full of fun fitness activities for children 5-12yrs.
Babysitting Course	For youth 10 years and older who want to become a babysitter.
Boat Operator Accredited Training	Anyone born after 1983 needs this course to operate a power boat.
First Aid & CPR	Emergency and Standard First Aid courses and CPR courses.
Junior Squash Development	Beginner & Intermediate Junior lessons. Learn at your own rate. Ages 8-16yrs.
Karate	Tots (4-6yrs), Beginners and Advanced (7yrs +); all in the Isshin Ryu style.
March Break	Something new every day for children 5-12yrs.

Parent & Tot 1-3 Preschool A - D

A "Learn To Swim" program for parents and children 3 months to 3 years and for children ages 3 to 5.

Swimmer 1-6 Patrol and Bronze Medal awards

A "Learn To Swim" program for children ages 5 to 12 and a "Lifesaving" program for teens 10 to 18 years.

Canadian Hearing Society

Address: 135 Syndicate Avenue N, Suite 300 Thunder Bay ON P7C3V6

Phone: (807) 623-1646 **Fax:** (807) 623-4815

Website: www.chs.ca

Email: nfrost@thunderbay.chs.ca

Program(s) Available

ASL and Literacy Consultant Services

As able, we provide American Sign Language (ASL) development services and cultural exposure to clients referred from the Ontario Infant Hearing Program.

Communication Devices and Accessibility Program

We offer consultation services regarding communication/linguistic accessibility and sell a full range of communication devices including TTY's, FM systems, alerting/signalling devices and amplified phones.

CONNECT Counselling

We provide wellness information, support, counselling, and case management, as well as, mental health and addiction services to persons with hearing loss or who are culturally deaf, and their families. We offer extended support, education, advocacy and counselling to families of deaf and hard of hearing children and adolescents.

Family Support Worker

We assist families referred from the Ontario Infant Hearing Program regarding language and communication development options for their child identified as culturally deaf, oral deaf or hard of hearing, via services, information and exposure to role models and family representatives.

General Social Services Program (GSS)

We provide counselling, support, advocacy and guidance to persons with hearing loss or are culturally deaf and promote and support community services to be accessible to deaf, deafened and hard of hearing consumers.

Northern Literacy and Life Skills Program (NLLP)

Culturally deaf adults are taught independent living skills and language development (American Sign Language and survival English).

Canadian Mental Health Association

Address: 200 Van Norman Street Thunder Bay ON P7A4B8

Phone: (807) 345-5564 **Fax:** (807) 345-4458

Website: www.cmha-tb.on.ca

Email: mfortin@cmha-tb.on.ca

Program(s) Available

Crisis Response Service

A community based 24 hour crisis response telephone service plus a 12 hour mobile resource team. Crisis support program for individuals experiencing a mental health crisis. We provide immediate crisis assessment and intervention, referral and follow up for individuals, their families and friends. Also provides information and linkages to resources and services in the community.

Homelessness Outreach/Discharge Planning Services

The Homelessness Program is for homeless parent(s) with children or homeless women without children. The program encourages and assists those who find themselves homeless or at risk of being homeless to secure safe and affordable and long term housing. Also identifies and addresses issues of homelessness through the referral to appropriate agencies.

Canadian National Institute for the Blind

Address: 229 Camelot Street Thunder Bay ON P7A4B2

Phone: (807) 345-3341 **Fax:** (807) 345-0786

Website: www.cnib.ca

Email: janet.skinner@cnib.ca

Program(s) Available

CNIB Rehabilitation Services

Parents of children born with visual impairments require information and support. Early intervention services provide this to each family and child as individuals. Blindness impacts all areas of early development.

Canadian Red Cross

Address: 1145 Barton Street Thunder Bay ON P7B5N3
Phone: (807) 623-3073 **Fax:** (807) 623-1031
Website: www.redcross.ca
Email: robert.kilgour@redcross.ca

Program(s) Available

Babysitting Course	For children aged 11-14 years.
Child Care First Aid	For individuals who need training for child care or early childhood education work, or who simply want more knowledge to respond to babies' and children's injuries and emergencies at home.
People Savers	Four-level program developed by the Canadian Red Cross to teach safety awareness and first aid skills to elementary school-aged children.
RespectED: Violence & Abuse Prevention	The aim of the program is to break the cycle of abuse, neglect, harassment and interpersonal violence through prevention services. Workshops are available for children aged 5-9, youth, and adults who work with children and youth.
Student Nutrition Program	As a lead agency for the Ministry of Children & Youth Services, the Canadian Red Cross offers up to 15% of total program costs for school- and community-run nutrition programs.

Catholic Family Development Centre

Address: 380 Dufferin Street Thunder Bay ON P7B1N6
Phone: (807) 345-7323 **Fax:** (807) 345-5141
Website: www.cfdc.ca
Email: rbarrett@catholicfamilycentre.ca

Program(s) Available

Parent-Child/ CFDC " Active Parenting Today"	Help for parents through 'Active Parenting Today', the video-based parent education program for parents of children aged 2 to 12 years.
Parent-Child/ CFDC Child Witness	An 8 week program (1 - 2 hour sessions per week) for women and children who have witnessed violence.

Centre Grandir en français

Address: 220 Elgin St École catholique Franco-Supérieur Thunder Bay ON P7A0A4

Phone: (807) 684-1953

Fax:

Website:

Email: grandirenfrancais@tbaytel.net

Program(s) Available

Carrefour Meilleur départ

Le Centre Grandir en français est un centre familiale francophone de Thunder Bay.

Un carrefour Meilleur départ qui appui l'épanouissement de la petite enfance en offrant des programmes préscolaire éducatifs aux enfants de 0 à 6 ans et à leurs familles. Nous offrons des activités entre autres : des groupes de jeux ;un temps de cercle, d'histoires et de contes ;des ateliers pour les parents ; un centre de ressources/joujouthèque ; du dépistage préscolaire ; le programme « les racines de l'empathie » ; et le programme « Ma passerelle à la maternelle ».

Service de garde -avant et après l'école

Le Centre Grandir en français est un centre familiale francophone de Thunder Bay.

Service de garde avant et après l'école :

En partenariat avec l'école catholique Franco-Supérieur, le Centre Grandir en français offre un service de garde avant et après l'école pour les enfants âgés de 4 à 12 ans qui fréquentent cette école, en leur donnant la chance de continuer de vivre en français après les heures de classe. Les activités comprennent entre autres : une programmation enrichissante comprenant des activités physiques et de bricolages ;un programme de devoir ; un programme de cuisine, des collations

Child Care Resources

Address: 425 Edward Street North Northwood Park Plaza Thunder Bay on P7C4P7

Phone: (807) 624-2540

Fax: (807) 624-2546

Website: www.childcare.on.ca

Email:

Program(s) Available

Autism Intervention Program

Provides Intensive Behavioural Intervention therapy and assistance with transition to school to children with autism, and waitlist support to their families.

Regional Autism Spectrum Disorder School Support

Offers training, consultation and a peer mediated social skills program to the school boards and district authorities in Northwestern Ontario in support of students on the autism spectrum.

Children's Aid Society of the District of Thunder Bay

Address: 1110 Jade Court Thunder Bay ON P7B6M7
Phone: (807) 343-6100 **Fax:** (807) 343-1310
Website: www.thunderbaycas.ca
Email: rob.richardson@cas.gov.on.ca

Program(s) Available

Children's Aid Child Protection Services

The Children's Aid Society provides child welfare services to the community and families as set out by the Ontario Child and Family Services Act. Twenty-four hour emergency after hours services are offered. Adoption and adoption disclosure services are also provided.

Children's Centre Thunder Bay

Address: 283 Lisgar Street Thunder Bay ON P7B6G6
Phone: (807) 343-5076 **Fax:** (807) 345-0444
Website: www.childrenscentre.ca
Email: zohrehd@childrenscentre.ca

Program(s) Available

LRFC Early Intervention/Prevention

Early Intervention/Prevention Program specializes in Early Intervention for children from birth to 5 years of age. The program offers services to families where children are demonstrating behavioral, emotional, and/or developmental problems or who are delayed or at risk of becoming developmentally delayed. Speech language therapy for pre-school children is available following a pre-screening at the Thunder Bay District Health Unit.

Children's Museum for Thunder Bay

Address: 9 Water Street 2nd Floor CN Station Marina Park Thunder Bay ON P7B6E8
Phone: (807) 767-6184 **Fax:**
Website:
Email: kschick@shaw.ca

Program(s) Available

Birthday Parties

Private Birthday parties available.

Children's Museum

The "Imagination Station" is open July - August, Tuesday - Saturday from 12:30 - 4:00 pm. Admission is \$3.00/child, accompanying adults are free.

School Groups

Reserved bookings for school groups (JK-Grade 4) and day care centres, etc.; minimum of 10 children; fee is \$3.00/child.

Summer Camps

Summer camps and Wednesday workshops are offered during July and August for children aged 4-9.

Children's Wish Foundation of Canada

Address: 1810 Isabella Street E Thunder Bay ON P7E5C1

Phone: (807) 622-6972 **Fax:**

Website: www.childrenswish.ca

Email:

Program(s) Available

Children's Wish Foundation

The Children's Wish Foundation of Canada is dedicated to working within the community to fulfill heart felt wishes for children diagnosed with a high-risk, life-threatening illness. Our vision is to help every child enjoy the best quality of life possible, including the experience of laughter, shared joy and treasured memories with important people in their lives.

City of Thunder Bay Children's Services

Address: 34 Cumberland Street N, 6th Floor Thunder Bay ON P7A8B9

Phone: (807) 766-2107 **Fax:** (807) 345-9412

Website: www.thunderbay.ca/cityservices

Email:

Program(s) Available

Child Care - City of Thunder Bay Children's Services

The City operates 4 Child Care Centres for children aged 18 months to 12 years. Drop-In services are available. Child care costs are geared to income. Hours are Monday to Friday, 6:45 am to 5:30 pm. As well, the City operates a Private Home Day Care program for children aged 6 weeks to 12 years, varied hours & days.

Program Locations:

- ☐ Grace Remus Child Care Centre (Located in Pioneer Ridge Home for the Aged), 750 Tungsten Street, Thunder Bay, ON P7B 6R1 (684-3594); *** NEW Intergenerational Program *** Open extended hours 6:45am-2am;
- ☐ Woodcrest Child Care Centre, (Located in Woodcrest School) 867 Woodcrest Rd, Thunder Bay, ON P7G 0A3 (684-3687)
- ☐ Ogden Child Care Centre, (Located in Ogden School) 600 McKenzie St., Thunder Bay, ON P7C 4Z3 (625-3810)
- ☐ Algoma Day Child Care Centre, 58 Algoma Street North, Thunder Bay, ON P7A 4Z3 (684-3272)
- ☐ Licenced Private Home Child Care Program, Locations throughout the City, (766-2107)

City of Thunder Bay, Recreation & Culture Division

Address: 111 Syndicate Avenue S Victoriaville Civic Centre Thunder Bay ON P7E6S4

Phone: (807) 625-2304 **Fax:** (807) 625-3395

Website: www.thunderbay.ca

Email:

Program(s) Available

Chippewa Summer Camps

An amazing Day Camp program for children ages 5-13. This program for boys and girls is situated at beautiful Chippewa Park. Activities are geared to make the most of the natural features and amenities this fantastic park has to offer. There is a strong focus on nature, the outdoors and active healthy living. Outtrips are planned to the nearby NorWest Outdoor Centre. Twenty-five camps with various themes are planned over an 8-week period during July and August. Most Camps run Monday to Friday. 5-day Camp \$128; 4-day Camp \$103; Family rate available. Volunteer and Churchill Pools are the drop-off and pick-up locations for campers. Bus transportation is provided by an accredited bus company. The day begins at 9:00 am with a bus ride to Chippewa Park. Campers return to the pools at 4:00 p.m. Child care is available from 8:15 to 9:00 am and from 4:00 to 5:00 pm at no extra cost. Campers can participate in a supervised swim at 4:00 pm at Volunteer or Churchill Pools. On most days there is a supervised swim at Chippewa. Staff attend a comprehensive training program and have High Five quality assurance and first aid / CPR certification.

Equipment Borrowing

All-terrain wheelchairs are available to use free of charge. We also lend out a variety of recreation and sport equipment such as the "Let's Play Activity Trunk", the "Get Active Now Equipment Bag", and the "Get Active Now Backpack". All of these resources are packed with equipment and game ideas and are great for parties, community events, and any other kind of gathering you can imagine! (Inclusion Services 625-2930)

Junior Inclusion Services

Limited free one-on-one support service for children and youth with disabilities who want to get involved in the Recreation & Culture summer programs of Canada Games Complex Adventurer's Camp, Chippewa Summer Camps, Playgrounds, and Youth Zone. We also provide support in the year round recreation programs of the Neighbourhood Recreation Program, Skating Lessons, and Swimming Lessons. (Inclusion Services 625-2930).

Learn to Skate

Instructional skating programs offered by the Recreation & Culture Division are a favourite with families across the city. Minimum age is three with lessons available for all ages right up to adult. Participants have a 20, 25 or 30 minute lesson once per week. Sessions are 9 or 10 weeks in duration. Power Skating programs are also available for skaters from beginner level to those more advanced. Sessions start in January and October. A wide range of classes are available throughout the week. Lessons are scheduled at various arenas throughout the city including Delaney, Neebing, Port Arthur and Current River. For children and youth fees range from \$80 to \$85 for a 10-week session. For the child's safety, CSA approved hockey helmet and facemask is mandatory. Parent / guardian must remain in the arena while lessons are in progress. For details, consult The Winter and Fall issues of The Key or visit <http://thunderbay.ca/index.cfm?fuse=html&pg=1424>

Neighbourhood Recreation Program

Nothing to do after-school? Check out the Neighbourhood Recreation Program. NRP is a free, inclusive, drop-in recreation program for children and youth. Trained, enthusiastic leaders are located at sites across the city to provide safe and enjoyable activities for your child. For more information, call 623-9581 or Recreation & Culture at 625-2351. No registration is necessary, just drop by the site to sign up. Programs for 5 - 12 year olds; sites as follows: Canada Games Complex - Tuesday 4:00 - 6:00 pm; Ogden Community Centre-Monday & Wednesday 3:15 - 5:15; CD Howe School-Monday & Wednesday 3:30 - 5:30 pm; Vance Chapman - Wednesday & Friday 3:30 - 5:30 pm; McKellar Park School-Tuesday & Thursday 3:30 - 5:30 pm; St. Margaret-Tuesday & Thursday 3:30 - 5:30 pm; West Thunder Community Centre-Tuesday & Thursday 3:30 - 5:30 pm

PAL Card

This card is given to a person with a disability who uses support people. It enables the person not to be charged admission for their support person when using all City recreation and leisure programs, as well as a variety of privately run activities. Usually available for children starting at age five.

Communities Together for Children - Early Years/Best Start

Address: 425 Edward Street N, Northwood Park Plaza, Thunder Bay ON P7C4P7

Phone: (807) 624-5690 **Fax:** (807) 622-3980

Website: www.ctctbay.org

Email: info@ctctbay.org

Program(s) Available

Babies Day Out - CTC

Babies Day Out Parent and Infant Drop In is a free, non-registered program for parents and their 0 to 12 month old child. Together, Early Childhood Development Workers and Public Health Nurses provide resources and information. There are discussion topics concerning infant health, care and development. Come join us for fun and stimulating experiences, for both parents and infants.

Caregiver Stay and Play

Caregiver Stay and Play is a time for Home Based Childcare Providers to meet and explore a variety of activities with the children in their care. An Early Childhood Development Worker will be on site to assist caregivers with the environment and activities.

Child Care Connection - Information & Referral

Assists parents in making choices with regards to child care through: a Quality Child Care Booklet, a listing of locations of programs and types of care, and links and supports to home child care programs. Also assists individuals interested in providing child care in their homes.

Early Literacy Services

These services will assist parents, caregivers and professionals with: education and resources, early literacy activities, advocacy, individualized consultations, and workshops and seminars.

Fair Start Screening - Sherbrooke	Fair Start is a partnership with the Thunder Bay District Health Unit. Every child between 18 months and JK entry should have a Fair Start screening completed. This program offers individual screening and referrals in the areas of speech and language, motor skills, and social development. Screening is conducted at various community locations throughout the City and District of Thunder Bay, at all licensed child care centres, and at some home child care centres. As well, it is part of the school Boards' JK registration process. This program is free of charge. Call today to book an appointment, or visit the Fair Start website to view drop-in locations - www.fairstart.ca .
Information and Referral	We offer families, educators, child care professionals, and the community centralized access to information about, and referrals to, other children's services in the City.
Interactive Programs	Provides parents, caregivers and children the opportunity to participate in a variety of programs that encourage positive parenting, healthy child development, parent peer support and learning through play. Programs are located at various locations in the city and surrounding rural areas: (1) Sherbrooke School, 110 Sherbrooke Street (2) Ogden School, 600 McKenzie Street (3) Hyde Park School, 2040 Walsh Street E. (4) Algonquin School, 160 Algonquin Ave S. (5) École catholique Franco-Supérieur, 220 Elgin St. (6) Nor'Westerview School, 1946 Mountain Rd. (7) Kingsway Park School, 315 Empire Ave; (8) MacGregor Recreation Centre, 800 Lakeshore Drive, Township of Shuniah (9) Eagle's Nest Family Centre - Upsala Public School, Hwy #17, Upsala ON
Library Resource Lending	There are three lending libraries available to the public, free of charge - (1) Resource Library (2) Family Library and (3) Toy Lending Library. The objective of the lending libraries is to provide information, resources and support to families, caregivers, and child care professionals.
Monitor - Community Early Child Development	To monitor early child development in our community, we have partnered with local school boards to implement the Early Development Instrument (EDI). The EDI is a short, teacher-completed instrument which assesses children's readiness to learn in five domains: (1) physical health and well-being; (2) social knowledge and competence; (3) emotional health/maturity; (4) language and cognitive development; and (5) general knowledge and communication skills. The results of the EDI are compiled into neighbourhood profiles and show us community outcomes with respect to children's health, learning and behaviour. It shows us neighbourhoods where children are doing well and neighbourhoods where they are struggling. This information is shared with the community and is used to facilitate community program planning for the early years (from pre-natal to age 6). The goal is to provide needed programs and services, to fill gaps, so that all children develop to their full potential, and are well-positioned to succeed in school and in later adulthood.
Parenting/Support for Families	Our Best Start hubs are a resource for families offering various programs, parenting information and supports, and referrals to other community organizations. Please call for more information.
Program for Early Parent Support	With the support of staff, parent facilitators facilitate a program whereby parents come together each week to share the joys and challenges of parenthood and develop confidence in their own parenting abilities.

Roots of Empathy	Three trained and accredited ROE facilitators visit various local schools to provide the program. ROE is an “award winning, evidenced based classroom program that has shown dramatic effect in reducing levels of aggression and violence among school children while raising social/emotional competence and increasing empathy.”
Speech and Language Intervention	Speech and Language Intervention is provided to clients of Thunder Bay District Health Unit, George Jeffrey and St Joe’s using the Hub as an access point. SLP book space at Hub to provide intervention to clients who benefit from the Hub location.
Speech and Language Screenings	Speech and Language Screenings are provided at various times through out the year, by the Thunder Bay District Health Unit Speech and Language Pathologist
Together Time Drop-In	Together Time Drop In is for children aged 0 to 6 years and the people who care for them. The focus of this free, non-registered drop in is parent/caregiver and child interaction. Early Childhood Development Workers are on site to help provide activities, information and resources to participants. Located at Northwood Hub, Nor’wester View Satellite, Hyde Park Satellite, Ogden Satellite, St. Martin Satellite, and, MacGregor Satellite (refer to Interactive Programs, above, for address location).
Triple P Parenting	Accredited Triple P practitioners are available to provide support for parents with specific concerns about their child’s behaviour or development who require consultation or active skills training.

Community Care Access Centre (CCAC)

Address: 961 Alloy Drive Thunder Bay ON P7B5Z8
Phone: (807) 345-7339 **Fax:** (807) 346-4625
Website: www.tb.ccac-ont.ca
Email:

Program(s) Available

Enhanced Respite Service	This service is a specifically funded program for families who have medically fragile and/or technologically dependent children. The CCAC determines eligibility for this program. The funding enables eligible families to schedule a break from their caregiving duties while providing appropriate care for their child(ren).
School and Paediatric Programs	The School and Paediatric Programs involve programs for students with special needs. These can be divided into two broad groups of support and include School Health Support Services and services for Medically Fragile Technologically Dependent Children.

Community Midwives of Thunder Bay

Address: 610 Hewitson Street Thunder Bay ON P7B6E4

Phone: (807) 622-2229 **Fax:**

Website: www.communitymidwives.net/

Email: admin@communitymidwives

Program(s) Available

Thunder Bay Community Midwifery Practice Primary care during pregnancy, labour and birth and until 6 weeks after the baby is born. Midwifery is a registered health care profession in Ontario. Midwives can provide care in both the hospital and the home. No referrals necessary.

Confederation College, Children & Family Centre

Address: Box 398, 1450 Nakina Drive Thunder Bay ON P7C4W1

Phone: (807) 475-6407 **Fax:** (807) 473-0847

Website: www.confederationc.on.ca

Email: price@confederationc.on.ca

Program(s) Available

Babies Day Out Babies Day Out Parent and Infant Drop In is a free, non-registered program for parents and their 0 to 12 month old child. Together, Early Childhood Development Workers and Public Health Nurses provide resources and information. There are discussion topics concerning infant health, care and development. Come join us for fun and stimulating experiences, for both parents and infants.

Breastfeeding Support Breastfeeding support

Caregiver Support & Training Drop in Program for parents and caregivers in a safe/nurturing developmentally appropriate environment. Qualified Early Childhood Educators, support, and peer interactions for families and caregivers. Toy lending library resources and workshops.

Child Care/Nursery School We offer child care for children 2 ½ to 12. Our Day Care runs 7:30 am - 5:30 pm and our Nursery School program runs mornings from 8:30 am - 12:00 pm. School Age program before and after school and P.D. Days.

Drop-In	Drop in program for parents and caregivers in a safe/nurturing, developmentally appropriate environment. Program provides qualified Early Childhood Educators on-site, support, and peer interactions for families and caregivers. Toy lending library, resources and workshops available. Drop-in programs are located at various locations in the city. Visit http://www.ctctbay.org/programs/locations.htm for details.
Resource & Toy Lending Library	Toys and other resources are available for borrowing.
Workshops	Various workshops geared toward parent's interests.

Creative Therapy Associates

Address: 1265 Arthur St E , Suite 203 West Arthur Place Thunder Bay ON P7E6E7

Phone: (807) 624-2590 **Fax:**

Website:

Email:

Program(s) Available

Occupational Therapy	Assess and treat children with fine motor and other developmental issues.
Speech-Language Pathology	We work with children, families and community supports to address speech and language concerns in children.

CSDC des Aurores boréales

Address: 175 High Street N Thunder Bay ON P7A8C7

Phone: (807) 343-4058 **Fax:** (807) 343-4078

Website: www.csdcab.on.ca

Email: conseil@csdcab.on.ca

Program(s) Available

École secondaire catholique de La Vérendrye	Secondary School - École catholique de La Vérendrye: 7e à la 12e année Programmation pour les élèves ayant des besoins particuliers. Tél : 344-8866
Elementary School	Elementary School; Maternelle et jardin d'enfant à temps plein. Programmation pour les élèves ayant des besoins particuliers.

Dilico Anishinabek Family Care

Address: 200 Anemki Place Fort William First Nation Thunder Bay ON P7J1L6

Phone: (807) 623-8511 **Fax:** (807) 626-7999

Website: www.dilico.com

Email:

Program(s) Available

Assessment and Brief Residential Treatment Unit	Residential treatment program for children and youth between 5 and 18 years with long-standing behavioral health problems. The program lasts up to 120 days.
Child Welfare Services	Work to promote and enhance family strengths to ensure that the health, safety and well-being of Anishinabek children are upheld and protected. Intake Services, Family Services, Alternative Care Services and Permanent Care Services are all provided
Community Health Services	Health services focusing on Healthy Sexuality, Pre Natal and Maternal Care, Infant and Preschool Health, Health Education in schools and Community Health.
Counselling and Clinical Support & Services	Out service counselling for First Nation children age 6 - 18 and their families, Tele-psychiatry, Psychiatry and Psychological services for children.
Day Treatment and Community Based Services	Provides children's mental health services and support for Anishinabek children experiencing difficulty functioning in a regular school because of social, emotional or behavioral concerns. Also provides short term mental health support and programming for Anishinabek youth attending a community school.
Family Health Team	Primary health care provided by an interdisciplinary team of Physicians, Nurse Practitioners, Nurses, a Social Worker, a Traditional Healer and Diabetes Educator. Care provided for Anishinabek and non-Aboriginal individuals and families in Dilico Anishinabek Family Care's jurisdiction.
Family Preservation Services	Supportive home-based program providing short term services for families with children from 0 to 18 years. Works with family's strengths to effectively support and care for children.
Infant/Child Development Services	Early screening and intervention; regular home visits to support healthy child development; parenting programs; developmental assessments; parent/child intervention techniques. Services are for children 0 to 6 years.
Youth Outreach Services	Helps guide Anishinabek youth living in difficult circumstances to make positive life choices by guiding them to the community support they need for healthcare, education, housing, job training and employment.

Easter Seal Society, (The)

Address: 91 Cumberland Street S Thunder Bay ON P7B6A7

Phone: (807) 345-7622 **Fax:** (807) 345-7180

Website: www.easterseals.org

Email:

Program(s) Available

Easter Seal Society

A non-profit organization serving children and youth less than 19 years of age with physical disabilities. Easter Seals provides needs assessment, financial assistance, regional service management, northern clinics, camping, education, and, parent programs for children and families.

Expert Hearing Solutions

Address: 63 Algoma Street, Suite 230 Thunder Bay Medical Centre Thunder Bay ON P7A4Z6

Phone: (807) 345-4327 **Fax:** (807) 346-4075

Website: www.experthearingsolutions.com

Email: rob@experthearingsolutions.com

Program(s) Available

Audiology

Hearing testing in children as well as central auditory testing.

Fetal Alcohol Support & Information Network

Address: P.O. Box 100 Murillo ON P0T2G0

Phone: (807) 935-3168 **Fax:** (807) 935-2198

Website: www.ccsa.ca

Email: fulton@northroute.net

Program(s) Available

FASD Training/Education

Education/Training on what Fetal Alcohol Spectrum Disorder (FASD) is, how to recognize it, prepare for diagnosis, interventions to improve outcomes, prevention, etc.

Resource Library

Print, audio, and video resources about FASD, from prevention through interventions for better outcomes for children. Intended for adult use mostly, although some resources could be targeted for children aged 5 - 6 years.

Support Group

Informal get-togethers for parents (individually or in a group) to share information, experiences and problem-solving ideas.

Footsteps Family Centre

Address: 370 County Blvd Thunder Bay ON P7A7P5

Phone: (807) 767-1958 **Fax:** (807) 767-2261

Website:

Email: spucci@tbcdsb.on.ca

Program(s) Available

After School Program - Footsteps Family Centre

Provides after school child care for children ages 4 to 12 years.

Before and After School Program - Footsteps Family Centre

Provides before and after school child care for children ages 4 to 12 years.

Day Care Program - Footsteps Family Centre

Provides child care for children ages 18 months to 12 years. Before and after school programs; 1/2 day, 3/4 day and full day programs. Open 12 months of the year.

Fort William First Nation Health Center

Address: 90 Anemki Drive , Suite 100 Thunder Bay ON P7J1L3

Phone: (807) 622-8802 **Fax:** (807) 623-8312

Website:

Email: karen@fwfn.com

Program(s) Available

Aboriginal Healing and Wellness Program

Community health promotion and awareness. The program provides community members with health focused information and programs.

Community Health Representative program

This program includes pre and post natal monitoring, blood pressure, blood sugar, hearing and vision screenings, dental health, and client advocacy.

Fort William Historical Park

Address: *Ministry of Tourism 1350 King Road Thunder Bay ON P7K1L7*

Phone: *(807) 473-2341* **Fax:**

Website: *www.fwhp.ca*

Email: *info@fwhp.ca*

Program(s) Available

Children's Farm Life

Follow the Fort's farmers and learn about life on a fur trade farm. Visit the horses, cows, pigs and sheep. Maybe you'll find an egg laid by one of our hens! Little farmers will also help with planting or harvesting in the garden, and afterwards be taken on a horse-drawn wagon or sleigh ride.

Day Camps

Looking for a place where kids and youth can have fun? Fort William Historical Park offers camps for children and youth full of activity-based experiences inspired by the fur trade. Watch here for our 2009 camp offerings or call us at (807) 473-2344.

Little Fur Traders

Journey into the past and put your imagination to work! In this hands-on program, little fur traders follow in the footsteps of either French Canadian voyageurs or First Nations peoples as they lived two hundred years ago. Join in the daily activities and chores of the fur trade, explore the Fort and leave with a small gift from the Fort inhabitants (glass beads or colourful hat feathers).

Playing with Time

For everyone in the fur trade, it was "work hard and play hard". Students will learn about the history and importance of recreation and leisure activities by participating in various games reflecting the various Ojibwa, French Canadian, and Scottish cultures found at Fort William.

Reins & Games/Sleighbing and Playing

Students rotate through games of skill and coordination before boarding a wagon or sleigh to observe the working draft horse team and learn about life at Fort William. Hot chocolate or lemonade supplied.

George Jeffrey Children's Centre

Address: 200 Brock Street E Thunder Bay ON P7E0A2

Phone: (807) 623-4381 **Fax:** (807) 623-6626

Website: www.georgejeffrey.com

Email:

Program(s) Available

Augmentative Communication	Our Augmentative Communication Team works together with clients and their families to determine the best way to enhance client's verbal and written communication skills.
Droling Control Clinic	Droling Control Clinics are run by our Speech-Language Pathologists and are available to both children and adults by forwarding a written medical referral to the Centre.
George Jeffrey/Sherbrooke Community Day Care	<p>George Jeffrey/Sherbrooke Community Day Care is part of the Northwood Best Start Hub, located in Sherbrooke School. We offer licensed full and part-time daycare for children aged 18 months to 5 years. We also offer programming for school-aged children, 6 to 12 years. Our staff of Resource Teachers and Early Childhood Educators encourage children to learn through spontaneous play to help them develop physically, socially, and emotionally. Spontaneous play allows children to explore their thoughts and feelings about themselves as people and learners. It also offers the opportunity to participate in social situations, exercise self-control, and interact with others. As children socialize, their vocabularies increase and their facility with language develops. As part of the Best Start Hub there are a variety of programs families can access during the day as well as on evenings and weekends.</p> <p>Our Day Care operates from 7:00 a.m. to 5:30 p.m. Monday to Friday. The program observes statutory holidays. Children with Special Needs attend both part-time and full-time. They are integrated in regular Day Care activities with the assistance of our Resource Teachers. They may also receive therapy while attending the Day Care. Subsidized spaces are available. We are licensed under the Ministry of Children and Youth Services.</p>
Integrated Services for Northern Children	ISNC's speech-language pathologists, physiotherapist, and occupational therapist provide an integrated network of quality health, special education, and mental health services to children and their families in rural and remote communities.
Medical Consultant	Our families can schedule a medical clinic appointment with our Medical Consultant, Doctor De.
Music Therapy	Uses musical elements in a healing way and involves children in singing, listening, moving, playing, and other creative activities to help them become better learners.
Occupational Therapy	Occupational therapy helps children meet the challenges of daily life in the areas of: self-care, productivity in play, school-related activities and leisure.

Orthopedic Clinic	The orthopedic clinic evaluates musculo-skeletal development and provides continuity of care between the family, child, orthopaedic surgeon, centre clinicians, and local orthotists and prosthetists.
Physiotherapy	Our physiotherapist works closely with the family, caregivers, and clients to encourage gross motor development. This may include a home program of exercises as well as active therapy at the Centre.
Recreation Therapy	Our recreation therapist provides individual and group activities, social interaction, and therapeutic skill development to eliminate barriers to leisure, develop life-long leisure skills and attitudes, and optimize leisure involvement for children aged 0 to 21 years already on the Centre's caseload.
Seating and Mobility Services	Our occupational therapist and seating technician assess and prescribe mobility and other aids to children and adults to help them lead more independent lives.
Social Work	We provide support and resources and coordinate services for clients. Our Social Workers offer support groups and counselling (for example, on family relations behaviour and parenting skills).
Speech-Language Therapy	Speech-Language Pathologists assess strengths and challenges in communication. Intervention includes individual therapy, parent training and consultation with day care centres and schools.

Giant Gymnastics

Address: 977 Alloy Dr , Suite 13 Thunder Bay ON P7B5Z8

Phone: (807) 683-3730 **Fax:**

Website: www.giantgymnastics.ca

Email:

Program(s) Available

Gymnastics	Giant Gymnastics is a recreational gymnastics academy that offers a wide range of programs for children ages 2-18. We offer beginner to advanced programs including tumbling and cheer leading.
------------	---

Girl Guides of Canada

Address: 240 Colonization Ave Dryden ON P8N2M8
Phone: (807) 223-3634 **Fax:** (807) 223-3613
Website: www.girlguides.ca
Email: unitadmin.36@guidesontario.org

Program(s) Available

- Brownies - Ages 7 & 8** Girls are encouraged to gain an appreciation of different cultures and develop a commitment to their communities through service projects and special events. Brownies is also a chance for girls to gain confidence by learning skills that they can use in their daily lives; everything from safety and first aid skills to learning about the importance of a healthy life style is covered in the Brownie program.
- Guides - Ages 9 to 11** Guides encourages leadership skills by allowing girls to make decisions about unit activities, and by allowing them to organize parties and teach each other games and skills. Through badges Guides learn skills, develop awareness, explore ideas and expand their understanding of the world around them.
- Pathfinders - Ages 12 to 14** The Pathfinder program is designed to offer choice and flexibility. Girls aged 12 to 14 design and plan activities with the assistance of adult mentors. Pathfinders is programming by girls, for girls. In it, girls make decisions and work with friends on similar goals.
- Rangers - Ages 15 to 17+** The Ranger program offers girls 15-17+ the opportunity to create the experience they want – doing the activities they want in the way they want. Girls are given choice and flexibility in their programming and are supported by adult mentors who help them discover and develop their leadership skills.
- Sparks - Girl Guides of Canada** In Sparks, the emphasis is on developing friendships and learning about community, while also exploring the individual skills and talents of each girl in the unit. Through a varied program that includes activities in the areas of the outdoors, the arts and the sciences, girls are encouraged to try a bit of everything.

Handicap Action Group Inc. Wilderness Discovery Family Resort

Address: 1201 Jasper Drive Thunder Bay ON P7B6R2

Phone: (807) 343-0414 **Fax:** (807) 344-6140

Website: www.hagi.ca

Email:

Program(s) Available

H.A.G.I. Summer Camp

Family Camp Program that works with children with a disability, their siblings and parents.

Harbour View Child Care Centre

Address: 30 Wishart Cres C.D. Howe School Thunder Bay ON P7A6G3

Phone: (807) 345-5633 **Fax:** (807) 346-7658

Website:

Email:

Program(s) Available

Child Care - Harbour View Child Care Centre

We provide full and half day programs for children from newborn to 12 years of age. Harbourview Child Care Centre is open year round and offers a summer day camp for school age children. We have two locations: C.D. Howe School and St. Bernard School (School-Age program only).

Home Child Care Network

Address: 126 Junot Avenue N Thunder Bay ON P7A6H2

Phone: (807) 473-3822 **Fax:**

Website:

Email: makifamily@shaw.ca

Program(s) Available

Home Child Care Network

Offers support, training, and child care registry for home child care providers.

Indian Youth Friendship Society

Address: 401 Cumberland Street N Thunder Bay ON P7A4P7

Phone: (807) 345-5840 **Fax:** (807) 344-8945

Website:

Email: ann.lesage@shawcable.com

Program(s) Available

Bringing Balance	Medicine wheel-based approach to healthy living and lifestyle choices. Focus on bringing balance in life, including physical, mental, emotional and spiritual elements.
Cultural Development Parents 'n Tots	Child focused culturally enriched programs based on traditional teachings and values, with Ojibwe and Oji-cree language enhancement. Programs include In Our Footsteps, Tiny Tots Pow Wow, Niibin Nature and Stories and Legends.
Cultural Family/Community Events	Participate in community events including National Aboriginal Day, Earth Day, Xavier Michon recognition, seasonal feasts, family supper nights, berry picking, medicine walks.
Family Nutrition	Programs promote healthy living and lifestyle options, include baby food making, parents 'n tots community kitchens, community gardening, family supper nights and grocery store tour.
Individual Parent Support	Intake/registration, counseling/advocacy, referrals to other community and Indian Friendship Centre services, family case management.
Keeping the Circle Strong	Program in partnership with Akwe:go for children and youth with fathers. Dads and children engage in cultural and recreational activities; program facilitates father involvement and peer support. Recreational programs include swimming, outings and community kitchens.
Native Parenting	Parents learn to meet the mental, physical, emotional and spiritual needs of their children. Sessions follow medicine wheel and life cycle teachings with sharing circles and visiting Auntie and Uncle. Bus tickets, child care and healthy snacks provided.
Parental Relief	A weekly respite program for parents with priority given to parents attending parent education programs.
Parents 'n Tots Drop-in	Drop-in program for children and their parents. Families will enjoy a theme-related playtime just for them with lots of hands-on activities. Lunch and transportation provided. No cost.

Traditional Crafts

Families learn or enhance existing skills while chatting and sharing in traditional craft groups. Crafts include quilting, sewing, beadwork, making dreamcatchers, moccasins, regalia, wreaths, birch bark baskets, medicine wheels and sweetgrass pins.

Integrated Services for Northern Children

Address: 1703 Victoria Avenue , Suite 213 Thunder Bay ON P7C1C8

Phone: (807) 622-2721 **Fax:** (807) 623-6818

Website: www.isnc.org

Email: alison@isnc.org

Program(s) Available

ISNC Children's Service System

Program provides a single referral and access point for the following existing programs/services: children's mental health services through North of Superior Programs, children's substance abuse services through North of Superior Programs, assessment and consultation services in mental health, health and education for children through Integrated Services for Northern Children, and case manager assistance and support from intake to closure. Children up to age 18 and their families are eligible for service. Consultation Services, ISNC Staff, Resource Group, Speech Language Services, Occupational Therapy, Physiotherapy, Psychiatry, Psychological Services, and Education.

KA:NEN Our Children Our Future

Address: 106 Cumberland Street North, Suite 101 Thunder Bay ON P7A4M2

Phone: (807) 684-1920 **Fax:** (807) 344-6678

Website: www.kanen.on.ca

Email: info@kanen.on.ca

Program(s) Available

Ka:Nen CAPC

The goal of the CAPC program is to strengthen families to improve the physical, mental, emotional and spiritual well-being of off-reserve Aboriginal children aged 0 - 6 years.

Keewatin-Patricia District School Board

Address: 79 Casimir Avenue Dryden High School Dryden ON P8N2Z6

Phone: (807) 223-5311 **Fax:** (807) 223-4703

Website:

Email: sheena.valley@kpdsb.on.ca

Program(s) Available

"Keep Good School Open" Program	Provides a number of after-school programs for children and adults.
Elementary School	Junior & senior kindergarten program.
Speech Language	The school partners with Integrated Services for Northern Children (ISNC) and George Jeffrey Children's Centre to deliver a pilot speech coach program in order to deliver speech-language services at the school site for parts of two days each week.
Upsala Public School Family Nutrition	Offer morning nutrition break consisting of two food groups (fresh fruit or vegetable and a serving of milk) and also breakfast consisting of three food groups (dry cereal, fruit juice and cheese).
Upsala Public School Library	School library is open to the public one day a week for parents, children and members of Eagle's Nest Family Centre playgroup.

Kindermusik of Thunder Bay

Address: 843 Red River Road Thunder Bay ON P7B1K3

Phone: (807) 345-4552 **Fax:**

Website: www.susans.ca

Email: hello@susans.ca

Program(s) Available

Kindermusik for the Young Child	This two year program is a fun-filled musical adventure for children ages 5 to 7 years. Each child learns how to play his/her own glockenspiel (a pre-keyboard instrument), 2 string dulcimer, and recorder along with many other percussion instruments. Note and rhythm reading, singing, dancing, learning about orchestral instruments and music from around the world all combine to lay a wonderful foundation for a lifetime of enjoying and making music.
---------------------------------	---

Kindermusik of TB "Imagine That"™

Fun filled music and movement education for children aged 3 1/2 - 5 years. Instruments, musical storytelling, drama and more! Parents/families attend the final 15 minutes of each 45 minute class. Special emphasis on language and pre-literacy skills

Kindermusik Our Time Music Ed.™

Music and movement fun and education for parents/grandparents and their toddlers aged 1 1/2 - 3 1/2 years.

Kindermusik Village™

Music and movement classes for parents/grandparents and their little ones, aged newborn through 18 months. Babies discover more about the world and parents discover more about their babies.

Kindermusik with Kelly Green

Address: RR #3 1046 Riverdale Road N Thunder Bay ON P7C4B2

Phone: (807) 473-5794 **Fax:** (807) 623-0800

Website:

Email: greenacres4@shaw.ca

Program(s) Available

Kindermusik with Kelly Green

A premium music and movement program for children from birth to 7 years of age.

Kinderplace Child Care Centre

Address: 580 Algoma Street N Thunder Bay ON P7A3S0

Phone: (807) 343-4363 **Fax:** (807) 346-3690

Website:

Email: kinderplace@tbaytel.net

Program(s) Available

Child Care - Kinderplace Child Care Centre

KinderPlace is a non-profit child care centre that offers programs for children 4 months - 12 years.

Kumon Centre Thunder Bay South

Address: 2621 Victoria Avenue E The Salvation Army Thunder Bay Community Church
Thunder Bay ON P7C1E8

Phone: (807) 475-5274 **Fax:**

Website: www.kumon.com

Email:

Program(s) Available

KUMON Math.Reading.Success

Kumon is an after-school math and reading program that employs a unique learning method designed to help each student develop the skills needed to perform to his or her full potential. The curriculum spans material from preschool all the way up to university.

Kumon can help students who may be struggling and need to catch up, as well as those who are seeking enrichment. Our goal is for all students to begin studying above their school grade, and to always have opportunities to reach their full potential.

Students attend Kumon twice weekly and complete daily work assignments. Sensible tuition. Correspondence students welcome.

La Leche League

Address: c/o 610 Hewitson Street Thunder Bay ON P7B6E4

Phone: (807) 346-8477 **Fax:**

Website: www.LLCC.ca

Email:

Program(s) Available

La Leche League

Breastfeeding information and support. Meetings to discuss: advantages of breastfeeding, childbirth and the new baby at home, the art of breastfeeding and overcoming difficulties, and, nutrition and weaning. Pregnant women, moms and babies welcome.

Lakehead District School Board

Address: 2135 Sills Street Thunder Bay ON P7E5T2

Phone: (807) 625-5100 **Fax:** (807) 623-5833

Website: www.lakeheadschoools.ca

Email:

Program(s) Available

Elementary Schools

Elementary school program. Sir Winston Churchill (grades 7-12, includes grades 7 and 8 from other Southward Public Schools), Vance Chapman (grades K-8, includes grades 7 and 8 from other Northward Public Schools), C.D. Howe (grades K-6), Hyde Park (grades K-3), Kingsway Park (grades 4-8), McKenzie (grades K-6), Ogden (grades K-6), St. James (grades K-6), Sherbrooke (grades K-6). French Immersion Elementary Schools: Agnew H. Johnston, Claude E. Garton, Ecole Gron Morgan.

Secondary Schools

Secondary school program. French Immersion (Dual Track) School - Hammarskjold High School

Lakehead Social Planning Council

Address: 125 Syndicate Avenue , Suite 17 Thunder Bay ON P7E6H8

Phone: (807) 624-2330 **Fax:** (807) 625-9427

Website: www.lspc-circ.on.ca

Email: lfwilson@lspc.ca

Program(s) Available

Community Information and Referrals

Provides information and referrals for services for children aged 0-18.

Learning Disabilities Association of Thunder Bay

Address: 237 Camelot Street Ontario March of Dimes Thunder Bay ON P7A4B2

Phone: (807) 345-6595 **Fax:** (807) 345-7086

Website: www.ldao.ca

Email: ldatbay@shaw.ca

Program(s) Available

Social Skills

We provide children with a learning disability and/or attention (hyperactivity) disorder with the skills on how to deal with social issues. For example, making friends, bullying, personal space, etc. Program runs September - December annually.

Little Lions Waldorf Daycare & Kindergarten

Address: 211 Clarke Street Thunder Bay ON P7A2M1

Phone: (807) 344-2283 **Fax:** (807) 344-4252

Website:

Email: llwaldorf@tbaytel.net

Program(s) Available

Little Lions Waldorf Daycare & Kindergarten

Full-time child care for children aged 2 1/2 - 5 years, in a Waldorf Day Care/Kindergarten. Before school/after school care, and 1/2 day socialization program, toddler child care 18 months- 2 1/2 years. Also infant care (6-18 months). Follows the Waldorf Philosophy. Hours 7:30 am to 5:30 pm.

Little Myrtle's Daycare

Address: 313 Grenville Avenue Thunder Bay ON P7A2B2

Phone: (807) 683-9683 **Fax:** (807) 683-0568

Website:

Email: littlemyrtlesdaycare@shaw.ca

Program(s) Available

Little Myrtle's Daycare

Children are our most precious gift; quality affordable daycare for children 18 months to 6 years; over 25 years experience; fun and friendly learning environment; full/part time, after school; Sign Language and Academic Programs. Hours: 7:00 am - 6:00 pm. Ask about our "Parents Night Out".

Mahmowenchike Family Development Centre

Address: 229 Pacific Avenue W Thunder Bay ON P7C2R5

Phone: (807) 623-9580 **Fax:** (807) 622-5501

Website:

Email: mahmowenchike@tbaytel.net

Program(s) Available

Child Care - Mahmowenchike Family Dev. Centre

Infant, toddler, preschool and school age programmes. Drop-in program available as space allows. Centre based child care centre where children have the opportunity to experience the language and culture of the Anishnawbe people.

Ministry of Community, Family and Children's Services

Address: 435 James Street S, Suite 111 Ontario Government Building Thunder Bay ON P7E6S7

Phone: (807) 475-1336 **Fax:** (807) 465-5561

Website: www.children.gov.on.ca www.mcass.gov.on.ca

Email:

Program(s) Available

Assistance for Children with Severe Disabilities This is a program to assist the parents with the extra costs that a child may have because they have serious special needs. The child must be under 18 years of age and live at home with their parents.

Special Services at Home This program provides support to families caring for (1) children under 18 years of age with a physical disability (2) children and adults with a developmental disability, in the family home. Website: www.family-alliance.com

Music For Young Children

Address: 588 Riverview Drive Thunder Bay ON P7C1R7

Phone: (807) 577-6999 **Fax:**

Website:

Email: schmidt@tbaytel.net

Program(s) Available

Music for Young Children

Music instruction and enjoyment.

Music with Mary Lou

Address: 1408 Edward Street S Thunder Bay ON P7E2J6

Phone: (807) 622-4980 **Fax:** (807) 623-3254

Website:

Email: mlhoskin@yahoo.ca

Program(s) Available

Music with Mary Lou

Music classes for children ages 0 - 3 and 2 1/2 - 4 and their parents.

Nanabijou Childcare Centre

Address: 855 Oliver Road Thunder Bay ON P7B5E1

Phone: (807) 343-8369 **Fax:** (807) 346-7841

Website: www.lakeheadu.ca/nanabijou/nanab.html

Email: nanabijo@lakeheadu.ca

Program(s) Available

Evening Care

Available until 10:00 P.M. Mon.Tues.Wed. Thurs. evenings

Nanabijou Childcare Centre

Licensed childcare for children ages 18 months to 12 years.

School Age Program - Before/After School
Full Day (school Holidays)

Located on Lakehead University Campus in Avila Building.

NorWest Community Health Centres

Address: 525 Simpson Street Thunder Bay ON P7C3J6

Phone: (807) 622-8235 **Fax:** (807) 622-3548

Website: www.norwestchc.org

Email:

Program(s) Available

Anishnawbe/quek Craft	Learn or practice skills in traditional arts & crafts such as beading, leatherwork and earrings. Program runs Tuesday evenings on an ongoing basis.
Breakfast Buddies	A drop-in Breakfast Program for parents and preschool children that is held once a month.
Dental Services	A partnership with the dental services at the Thunder Bay District Health Unit, and offered at the CHC and as part of the Limbrick outreach.
FASD Parenting Program	An 8-week Parenting Program that provides information, strategies and support to parents and caregivers of children with Fetal Alcohol Spectrum Disorder. These programs run at different times during the year. Not on an ongoing basis.
Mom's Community Kitchen	A community kitchen for mothers. The community kitchen runs once a month, from September to June.
Nobody's Perfect Parenting	An 8-week parenting program open to male and female participants. This program runs at different times during the year - not on an on-going basis.
Play and Learn	An 8 week program for women with children 6 months to 3 years of age. These programs run at different times during the year. Not on an ongoing basis.
Prenatal Program	A 12-week prenatal program for pregnant women. These programs run at different times during the year. Not on an ongoing basis.
Women's Skill Building Program	An 8 week women's life skills program focusing on positive skill building experiences. This is a joint child-parent program. These programs run at different times during the year. Not on an ongoing basis.

Nurses Registry Thunder Bay

Address: 1001 Ridgeway St E Ridgeway Clinic Thunder Bay ON P7E5H8

Phone: (807) 623-7451 **Fax:** (807) 623-0469

Website:

Email: nregistry@shaw.ca

Program(s) Available

Medical Information & Referral

Provides 24-hour, up-to-date information on medical care options, and health professionals including the following:

- Doctors at all times as well as the medical walk-in clinics
- Dentists on weekends and after hours
- Drug stores for information on hours
- Information on physicians who are accepting new patients
- VON, St Elizabeth Health Care and North West Community Care Access Centre after hours if required
- After hours veterinarian calls

Ontario Native Women's Association

Address: 212 Miles Street E Thunder Bay ON P7C1J6

Phone: (807) 623-3442 **Fax:** (807) 623-1104

Website: www.onwa-tbay.com

Email: jomandamin@shaw.ca

Program(s) Available

Aboriginal Healthy Babies/Healthy Children

Serves people in Ontario in a culturally appropriate manner and ensures that children and families at risk have access to services and supports.

Our Kids Count (OKC)

Address: 425 Edward Street N Northwood Park Plaza Thunder Bay ON P7C4P7

Phone: (807) 623-0292 **Fax:** (807) 623-1530

Website: www.ourkidscount.net

Email: info@ourkidscount.net

Program(s) Available

Additional Note	<p>Program Locations: Westfort Family Resource Centre, 1315 Crawford Street 346-6863; June Steeve-Lendrum Resource Centre, 283 Pearl Street 345-0311</p> <p>Only a limited number of the following programs are offered at each site. Please call to see which programs are running at your site during the Fall, Winter, or Spring sessions. *Free Child Care is provided while parent is participating in OKC programs. Nutritional Snacks are provided at all programs. Participants attending a prenatal program will receive a food certificate with which they can purchase such items as bread, fruit and vegetables. Workshops on parenting for couples, budgeting, and fatherhood will be available as the need arises. If interested please call the OKC office at 623-0292. All Programs run from September to June unless otherwise noted.</p>
Community Kitchen	<p>Participants share in shopping and cooking with 3 or 4 other parents and take home meals for their family for as little as 34 cents per serving.</p>
Drop-in Playgroups	<p>Get together with other parents and their children to share in a time of play and creative activities offered by Early Childhood Educators. Parents are responsible for their own children.</p>
Home Visiting	<p>Are you feeling isolated? Would you like to know what resources are available for you here in Thunder Bay? We can match you up with a resource mom to provide one-on-one support in your home. This program runs year round. OKC also provides Resource Mom services to the Healthy Babies/Healthy Children Program offered through the Thunder Bay District Health Unit.</p>
Outreach	<p>Neighbourhood door to door outreach tool used to encourage families who are not yet comfortable with coming to the centre or attending a program, to access the Resource Centre.</p>
Parenting Program	<p>A variety of parenting programs are offered according to requests from participants. Programs are led by trained group leaders. Learn more about such things as: your child's development; positive discipline; building your child's self-esteem, taking time for yourself and other life skills topics.</p>
Planning Team	<p>The planning team members meet regularly, throughout the year to plan activities for families in their community and support programs offered by Our Kids Count. Participants are involved in skill development training and have the opportunity to represent their site on the OKC Board of Directors.</p>

Precious Bundles

Address: P.O. Box 20063 Thunder Bay on P7E6P2

Phone: (807) 251-7142 **Fax:**

Website: www.preciousbundles.org

Email: info@preciousbundles.org

Program(s) Available

Precious Bundles

Precious Bundles Children's Clothing Assistance Program is a local, registered charity that recycles quality second-hand children's clothing, toys, books and baby items and donates them to families in need. Donations are prepared and delivered on a weekly basis by a dedicated group of volunteers. Services are provided free and confidential, and all donations remain in the City of Thunder Bay.

Donations can be dropped off at Kim's Custom Engraving & Gifts in Victoriaville Mall (622-1171) or at The Boys and Girls Clubs of Thunder Bay - 270 Windsor St. (623-0354).

Pregnancy & Health Community Outreach Project

Address: 544 Winnipeg Avenue Thunder Bay ON P7B3S7

Phone: (807) 577-1532 **Fax:** (807) 683-4707

Website: www.pghealth.com

Email:

Program(s) Available

Ask a Nurse

If you have a health question or want to speak with a nurse.

Drop In

A good opportunity to build a non-using network and learn new leisure skills.

Other Programs

Individual Substance Use Counseling, Good Food Bag and Clothing Exchange.

Parenting and Substance Use

Exploring the impact of substance use on children and the challenge of change and parenting.

Pregnancy & Health

Pregnancy and Health Community Outreach Project provides support for women who are pregnant or parenting children (0-6 years) and want to make changes related to their alcohol or drug use.

PRO Kids - Recreation and Culture Division

Address: 111 Syndicate Ave S P.O. Box 800 Community Recreation Division Thunder Bay
ON P7E6S4

Phone: (807) 625-3212 **Fax:** (807) 625-1444

Website: www.prokidsthunderbay.com

Email:

Program(s) Available

Support Groups & Services

A service provided by the City of Thunder Bay that makes recreational activities more accessible to children and youth who are unable to afford program fees.

Réseau francophone de santé du Nord de l'Ontario

Address:

Phone: (866) 489-7484 **Fax:**

Website: santenordontario.ca

Email: reseau@santenordontario.ca

Program(s) Available

Website

Le Réseau travaille depuis longtemps sur la création d'un site Web interactif qui servirait la communauté francophone du Nord de l'Ontario. Vous n'avez plus à attendre, ce site est finalement prêt ! Le site du Réseau contient de l'information à propos de notre répertoire de services de santé en français, des informations et des liens sur la santé ainsi que d'autres informations sur le Réseau. Nous desservons les régions de Timiskaming, Cochrane, Thunder Bay, Kenora et Rainy River.

The Réseau has been working on their new interactive website for quite some time and their goal is to help Francophones living in the districts of Northern Ontario: Timiskaming, Cochrane, Thunder Bay, Kenora and Rainy River. Don't wait any longer, the site is now up and running! The Réseau's website contains information on French health care services, information and links on health related subjects as well as information about the Réseau.

Rural Family Resource Centre

Address: P.O. Box 39, 4509 Oliver Road Murillo ON P0T2G0

Phone: (807) 935-3009 **Fax:** (807) 935-2242

Website:

Email: ruralfrc@tbaytel.net

Program(s) Available

Babysitting Course	A 4 week program for participants in Grades 6 and 7 designed for young rural caregivers who provide babysitting services for families.
Child Care Information & Referral	Provides information to help parents choose and monitor appropriate child care providers and support and information for home child care providers. A comprehensive information kit is available.
Child Care Registry	An inventory of home child care providers offering child care for rural families and parents seeking home child care. This service can be accessed by visiting the Hub or by phone.
Clothing Exchange	This event is held twice per year at the Hub. It gives an opportunity for parents to drop off and /or pick up clothing for themselves and their children at no cost. Left over items are donated to schools and non-profit agencies.
Fair Start Screening - Rural Family Resource Centre	Children, aged 18 months to JK, are screened in order to identify problems, therefore, bettering the chances for a successful outcome.
Family Resource Lending Library	Safe, educational and stimulating toys. Wide selection of children's and parenting books and multi-media resources for education and entertainment. Baby and toddler equipment.
Home Child Care Support	Designed to enhance the quality of care provided by unlicensed child care providers. Services include: a comprehensive start-up kit; access to print and multi-media resources; long term lending library privileges; delivery of resources to child care homes; advance registration for playgroup program; networking and training opportunities.
Information and Referral	The Hub provides information on programs / services that are available to families both within and outside the rural Thunder Bay area. This is provided through phone calls, visits to the Centre, bulletin boards, articles in newspapers, newsletters and pamphlet racks. We also publish a Directory of Rural Family Services.
Mobile Playgroup Support	Provides toys/books/equipment and other support services i.e. workshops, honorariums to rural co-operative playgroups.
Onsite Child Care for Workshops	Provides care for children enabling parents/caregivers to attend workshops. (Respite Care service was suspended by MCYS.)

Scholars Education Centre

Address: 91 Cumberland Street S , Suite 100 Thunder Bay ON P7B6A7

Phone: (807) 345-2661 **Fax:** (807) 345-2665

Website: www.scholarscanada.com

Email:

Program(s) Available

Academic Upgrading	Receive individual instruction for reading, math, writing and study skills.
Qualified Tutoring	Receive individual instruction from a qualified teacher to assist students in their math, science and English homework.

Schoolhouse Playcare Centre

Address: 243 St. James Street Thunder Bay ON P7A3P1

Phone: (807) 344-8719 **Fax:** (807) 622-6910

Website:

Email:

Program(s) Available

Before and After School Program - Schoolhouse Playcare Centre	Before and after school child care for children aged 4 to 12 years.
Child Care - Schoolhouse Playcare Centre	Certified Early Childhood Educators provide an early childhood education program, for children aged 18 months and up, in a warm, loving home-like atmosphere. All our programs are inspired by the Reggio Emilia Principles and the children are very involved in the planning of the activities, set up of the environment and working alongside their educator to learn new skills.
For the Love of Books	Literacy program for parents.
Nursery School Program - Schoolhouse Playcare Centre	Nursery school program runs 9:15 am - Noon - Monday, Wednesday and Friday
Schoolhouse "Active Parenting Today"	Parenting training programs that focus on children aged 2 to 12 years.

Scouts Canada: Northern Ontario Council

Address: 395 Stafford Street Central Canada Administration Centre WINNIPEG MB
R3M2X4

Phone: (888) 992-4499 **Fax:** (204) 772-5248

Website: www.scouts.ca

Email: mlaminman@scouts.ca

Program(s) Available

Beavers - Scouts of Canada

Beavers for boys and girls aged 5 to 7 years. Scouts helps to contribute to the development of young people in achieving their full physical, intellectual, social and spiritual potential as individuals, as responsible citizens and as members of their local, national and international communities through the application of our principles and practices.

Seventh-Day Adventist Church and Academy

Address: 1770 Oliver Road Thunder Bay ON P7G1K9

Phone: (807) 346-4583 **Fax:**

Website:

Email: dan-anita.bates@sympatico.ca

Program(s) Available

Elementary School

Grades 1 to 8.

Sister Margaret Smith Centre

Address: PO Box 3251, 35 Algoma Street North Thunder Bay ON P7B5G3

Phone: (807) 343-2425 **Fax:**

Website:

Email:

Program(s) Available

Alcohol and Drug Dependency

Provides alcohol and drug dependency treatment services for both youth and adults. Programs provide residential and non-residential services that are intense, holistic and high supervised. Individual and group counseling are available for youth, adults, seniors and families. Services are adapted to meet the needs of individuals.

St. John Ambulance - Thunder Bay

Address: 518 Fort William Road Thunder Bay ON P7B2Z8

Phone: (807) 345-1712 **Fax:** (807) 343-0295

Website: www.sja.ca

Email:

Program(s) Available

Car Seat Inspection & Education

Car seat (child restraint) inspections, presentations and training.

Youth Division

Cadet program for youth ages 10 to 17 that provides opportunities to learn first aid, leadership and lifesaving skills.

Step by Step Child Care Center

Address: 2118 Arthur Street E Thunder Bay ON P7E5N8

Phone: (807) 622-3383 **Fax:** (807) 622-2122

Website:

Email: stpbystp@tbaytel.net

Program(s) Available

Child Care - Step by Step Child Care Centre

Child care for infants to school-age children. Our Bayberry location is pleased to serve children from 18 months to 12 years of age. Our Arthur Street location takes pride in being one of the few centres in Thunder Bay that offers infant care. Our other programs include toddlers through twelve years of age. Both Centres are opened from 7am to 6pm. Each group follows a daily routine geared to the age and the development of the child.

Sylvan Learning Centre

Address: 905 Victoria Avenue E Thunder Bay ON P7C1B3

Phone: (807) 623-7323 **Fax:**

Website:

Email:

Program(s) Available

Educational Consulting

Educational Consultants

Thunder Bay Aboriginal Head Start

Address: 1610 John Street Road Thunder Bay ON P7G1J9

Phone: (807) 768-2342 **Fax:** (807) 768-9509

Website:

Email: tbahs@tbaytel.net

Program(s) Available

SAO Aboriginal Head Start

Head Start is a preschool readiness program for Aboriginal children.

Thunder Bay Breastfeeding Coalition

Address: 999 Balmoral Street Thunder Bay District Health Unit Thunder Bay ON P7B6E7

Phone: (807) 625-5952 **Fax:**

Website:

Email: laura.prodanyk@tdhu.com

Program(s) Available

Thunder Bay Breastfeeding Coalition

A non-profit organization comprised of individuals and representatives of various agencies and organizations whose goal is to establish breastfeeding as the optimal form of infant nutrition within our community. In order to promote, support and protect breastfeeding, the coalition identifies community needs and resources; plans and coordinates activities around these issues and provides public and professional education based on current research regarding the health, environmental, social and family benefits of breastfeeding.

Thunder Bay Catholic District School Board

Address: 459 Victoria Ave W Thunder Bay ON P7C0A4

Phone: (807) 625-1555 **Fax:** (807) 625-1560

Website:

Email:

Program(s) Available

Elementary Schools

Junior kindgarten programming, senior kindergarten programming, and French immersion.

Thunder Bay Christian Community Centre

Address: 132 Dease Street Thunder Bay ON P7C2H6

Phone: (807) 623-8184 **Fax:** (807) 473-0726

Website:

Email: gervan@tbaytel.net

Program(s) Available

Little Lambs Program

While parents/caregivers are busy in the building preparing food hampers for the community or cooking in the Community Kitchen program, children are busy learning about the love of Jesus through music, crafts, stories and activities. For children 0-6. Offered: Tuesday 11:00 am - 1:00 pm and Thursday 10:00 am - 12:00 pm.

Number Fun Family Math Program

Children along with their parents/caregivers enjoy "hands on" early math activities. Parents/caregivers are provided the Ontario Mathematics Curriculum and the importance of early math experiences. Lunch provided. Registration is required as space is limited. No cost to participants. For children ages 2-6 (younger siblings welcome). Seven weeks in duration, offered throughout September - June.

Tell Me a Story Reading Readiness Program

Children and parents/caregivers spend time together enjoying stories, rhymes and singing songs. Parents and caregivers are provided information on early literacy and its importance in the preschool years. Lunch is provided. Registration is required as space is limited. No cost to participants. Program is 8 weeks in duration and offered throughout September - June for children ages 0-6.

Thunder Bay Christian School

Address: 37 Cooper Road Thunder Bay ON P7C4V1

Phone: (807) 939-1209 **Fax:** (807) 939-2843

Website: www.tbaychristianschool.ca

Email: tbcs@tbaytel.net

Program(s) Available

Elementary School (JK -10)

Elementary Education Program (JK - 10)

Thunder Bay Counselling Centre

Address: 544 Winnipeg Avenue Thunder Bay ON P7B3S7

Phone: (807) 684-1880 **Fax:** (807) 344-3782

Website: www.fstb.net

Email: nancy@fstb.net

Program(s) Available

Child Witness - a group for me and my mom	A place where children can meet with other children who have witnessed woman abuse and know they're not alone. A safe place to learn violence is not their fault and violence is not acceptable.
Family Counselling	Counselling, education, support, and advocacy for a variety of issues.
Family Life Education	Workshops called the Solution Series.
Living Free from Violence	An education, support and problem solving group for women who have been abused and for their children who have witnessed the violence.
Parenting Series	Workshops available on topics such as communication with teens, keys to good parenting, parenting after separation, and, healthy attachments in our children.
Pregnancy & Health Community Outreach Project	This project provides support for women who struggle with alcohol or drug issues and are pregnant or parenting children 0 - 6 years.
School Based Services	Counselling, education and support to women and their children who have witnessed violence against women in their home.
Step Parenting Workshop	A two-week educational workshop for couples involved in step or blended families.
Workshops and Groups	Educational and therapeutic groups offered in response to a variety of issues.

Thunder Bay District Health Unit

Address: 999 Balmoral Street Thunder Bay ON P7B6E7

Phone: (807) 625-8841 **Fax:** (807) 623-2369

Website: www.tbdhu.on.ca

Email: pioves99@mail1.moh.gov.on.ca

Program(s) Available

"Kids Have Stress Too"	Three part educational program designed for parents and caregivers of 4 to 9 year olds to better understand stress and to help teach children ways to manage their stress. Each session builds upon the previous session. Sessions are 2 hours long. All sessions are offered free of charge to parents and caregivers.
Babies Day Out - TBDHU	Informal drop-in for mothers with infants, birth to 1 year of age, also featuring discussions facilitated by a Public Health Nurse and guest speakers. Provides resource, information and links to community services.
Better Beginnings - Youth Prenatal	Prenatal series geared to youth in early pregnancy, providing a supportive environment where young parents-to-be can meet others from across the city and share the same concerns.
Breastfeeding Clinic	The Breastfeeding Clinic helps mothers and babies who are experiencing problems or need more information about breastfeeding. Private appointments are booked for each mother and baby. Referrals can be made by mothers or their health care or service providers, with permission of the mother. Services are confidential and free of charge. Home visits are available for those not able to attend the breastfeeding clinic. The clinic is staffed by Public Health Nurses who are Lactation Consultants.
Fair Start Screening - TBDHU	Every child between 18 months and JK entry should have a Fair Start screening completed. This program offers individual screening and referrals in the areas of speech and language, motor skills, and social development. Screening is conducted at various community locations throughout the City and District of Thunder Bay, at all licensed child care centres, and at some home child care centres. As well, it is part of the school Boards' JK registration process. This program is free of charge. Call today to book an appointment, or visit our website to view drop-in locations - www.fairstart.ca .
Healthy Babies/Healthy Children	A prevention, and early identification and intervention program supporting families in the Prenatal period and with children 0-6 years. The goal is to promote healthy child growth and development through home visiting and parenting support.
Healthy Beginnings Adult Prenatal Program	Prenatal classes to promote healthy pregnancies. Education classes for pregnant women and their partners; from early pregnancy (i.e. first trimester) and on (five classes).

Infant Hearing Program	Screens all infants in City and District of Thunder Bay for hearing loss. Provides follow up assessment, intervention and communication development for children /infants with hearing loss. Referral is automatic at birth.
Nutrition Services	To promote behaviors, community resources, policies, and environments that support healthy eating and healthy weights before and during pregnancy, and during the preschool years.
Preconception Health Panel	Annual panel discussion, open to the public featuring experts in the field of preconception health (how to prepare for a healthy pregnancy/baby).
Preventive Dental	Children who have been identified with a dental need and whose parents/guardians do not have dental insurance, and cannot afford to pay for the dental treatment can access this program. Parents/guardians who are receiving dental benefits through other programs such as Ontario Works or Ontario Disability Support or if the child has First Nations Inuit Health Services, should use that coverage. Treatment is done by participating dentists in the community, but cleanings, fluorides and sealants are done at the Health Unit Dental Clinic free of charge by a registered dental hygienist. Children in the District who require cleanings etc. can make arrangements through their dentist. Anyone interested in the program must contact the Health Unit to confirm eligibility into the program prior to going to a dentist.
RiskWatch Safety	Injury Prevention Program delivered through teachers and community safety educators to help children promote, practise and apply learned skills to make safe choices. Program runs at various school locations.
Sexual & Reproductive Health	Provides teaching and information to adults and older teens in sexual and reproductive health.
Speech & Language Services - Preschool	<p>Preschool Communication Services: A Speech-Language Pathologist is a communication specialist who is trained to prevent, identify and treat disorders of speech (articulation), language, voice, and fluency (stuttering).</p> <p>The Thunder Bay District Health Unit also employs Communicative Disorder Assistants. This is a trained professional who carries out therapy programs that have been developed by the the Speech-Language Pathologist.</p> <p>Preschool Communication Services at the Thunder Bay District Health Unit provides speech/language services to preschoolers living in the City and District of Thunder Bay. Branch offices are located in Nipigon, Geraldton and Marathon.</p> <p>Hearing Screening: St. Joseph's Care Group provides complete audiological services for people in the outlying districts of Thunder Bay, from the Health Unit Branch offices in Marathon and Geraldton. The following services are provided, free of charge, by a qualified Audiologist: hearing assessments, central auditory processing evaluations, hearing aid evaluations and prescriptions, counseling and recommendations, and, information about hearing and hearing loss. Contact St. Joseph's Care Group at 807-343-2407 for more information.</p>
Vaccines	Immunization Clinic (School-based & health based) for children over 1 years of age. A nurse practitioner is onsite to provide immunization and well baby checks to infants under a year.

Thunder Bay District Social Services Administration Board

Address: 34 Cumberland Street N, 4th Floor Thunder Bay ON P7A8B9

Phone: (807) 766-2107 **Fax:** (807) 345-9412

Website: www.tbdssab.on.ca

Email: jbax@city.thunder-bay.on.ca

Program(s) Available

Children's Services

We provide fee subsidies for parents for licensed child care spaces.

Thunder Bay Down Syndrome Association

Address: c/o 524 Churchhill Drive W Thunder Bay ON P7C1W1

Phone: (807) 935-2797 **Fax:**

Website:

Email: sblekken@tbaytel.net

Program(s) Available

Thunder Bay Down Syndrome Association

Affiliated with the Canadian Down Syndrome Association and the Down Syndrome Association of Ontario. Provides information and support to families and friends of persons with Down Syndrome. This service is run out of a private home.

Thunder Bay Gymnastics Association

Address: 425 Northern Avenue , 2nd flr Dorothy Dove Bldg., CLE Thunder Bay ON P7C2V7

Phone: (807) 628-8474 **Fax:** (807) 628-8541

Website:

Email: tbgatwisters@hotmail.com

Program(s) Available

Gymnastics

Gymnastic instruction for all ages from 18 months to adult. TBGA has activities geared to promoting fun, fitness, and fundamentals for all!

Thunder Bay Metis Council - Metis CAPC

Address: 226 May Street S Thunder Bay ON P7E1B4
Phone: (807) 624-5012 **Fax:** (807) 623-4195
Website:
Email: serenae@metisnation.org

Program(s) Available

Thunder Bay Metis CAPC

Metis CAPC is a family-support program available to Aboriginal families, with children 6 years and under, living within the City of Thunder Bay.

Thunder Bay Public Libraries

Address: 285 Red River Road Thunder Bay ON P7B1A9
Phone: (807) 684-6816 **Fax:** (807) 344-5119
Website: www.tbpl.ca/kidzone
Email: bholmes@tbpl.ca

Program(s) Available

"For the Love of Books"	We offer literacy and library information as part of the "For the Love of Books" series either by attending the program site or sharing with parents/children at the library.
Beginning with Books	A free drop-in storytime for babies, toddlers and preschoolers and their parents or caregivers offered at Brodie and Waverly branches.
Children's Website	Children's website (www.tbpl.ca/kidzone) contains program listings, educational and fun Internet sites, e-books for children, thematic and recommended book lists, interactive stories and more. Access is available 24/7, 365 days a year.
Family Literacy Bingo	An interactive "game" designed to engage families in early literacy activities. Free to all. Runs from International Literacy Day in September until Family Literacy Day in January. This program is available at all library locations.
Library Homework Help	A free program which provides one-on-one assistance and support after school in homework and research at the County Park Location.
Library Puppet Show Series	A free literacy based program for children and their families which entertains while exposing them to a unique form of traditional storytelling. These puppet shows are offered at Brodie, Mary J.L. Black and Waverly branches.

Library Visits and Tours	A free tour and orientation to library services and resources for parents, children, and service providers which includes options such as registering for a card, computer instruction, storytelling and puppet shows. These tours are available at all library locations.
OLA Blue Spruce Reading Program	Program which introduces young children to the best Canadian children's literature for their age. Children readers are read to and then join other children across Ontario in voting for their favourite book. This program is offered at Brodie and Waverley branches.
Preschool Storytime	Preschool storytime is a literature-based class for children aged 3-4 that gives the children the opportunity to experience stories, songs, fingerplays, films and crafts in a group setting. School-readiness program. This program is offered at Brodie, Mary J.L. Black and Waverley branches.
Readers are Leaders	Reading support for emergent readers. Pairs child with volunteer for one-to-one practice and support with appropriate material and learning activities/games. This program is offered at Brodie and Waverley branches for children in grades one to four.
Storytime and Family Program	Free programs which provide storytelling and craft or other creative activities on a theme e.g. Halloween, Dora the Explorer, Colours, etc. or open performances such as concerts for the whole family to enjoy. This program is offered at Brodie, Mary J.L. Black and Waverley branches.
Tales for Twos	Tales for Twos is an interactive story time for 2 year olds and their parents or caregivers. Books, flannelgraphic, fingerplays, songs and crafts stimulate the toddler and introduce the adult to children's literature. Provides modelling of good story telling for parents/caregivers. This program is offered at the Waverley branch only.
TD Summer Reading Game/Program	A free reading program (part of a national initiative) which encourages summer reading and family literacy by rewarding reading in weekly prizes and other activities related to an overall fun theme. This program is offered at Brodie, Waverly, Mary J.L. Black and County Park libraries.

Thunder Bay Regional Health Sciences Centre

Address: 984 Oliver Road, Suite 402, 4th Floor Medical Centre - Maternity Centre Thunder Bay ON P7B7C7

Phone: (807) 684-6228

Fax:

Website: www.tbh.net

Email:

Program(s) Available

Breastfeeding

A breastfeeding class is provided in collaboration with the La Leche League. The monthly class is designed for pre-natal women and their support person who would like to learn more about breastfeeding prior to delivery. Post-partum women are welcome to attend.

In addition, we also have a lactation consultant who is available to provide information regarding common breastfeeding difficulties, and some helpful hints to make breastfeeding a success. Clinics and one-to-one counselling sessions, with practical support for all breastfeeding difficulties, are available.

Cultural Liaison

Our Cultural Liaison Worker assists aboriginal women when they travel to Thunder Bay from northern communities to give birth, to access services in the prenatal period: Non-Insured health benefits, Cultural supports such as translation/interpretation services, Accommodation, Transportation, Social programs.

Dietitian Services

Our Dietitian can help you plan healthy meals and snacks to ensure that you: Meet increased needs for vitamins/minerals, especially iron, calcium, vitamin D, and folic acid; Stay within your target gestational weight gain range, to help maintain a healthy pregnancy, and reduce risks to mother and baby. A Dietitian can also suggest nutritional strategies to address: symptoms such as nausea, vomiting, heartburn or constipation; food intolerances/aversions; any questions you may have about food safety, allergies, etc.

Exercise Therapy

A fit and active lifestyle provides numerous benefits for both you and your baby. Daily exercise during pregnancy may assist with : Decreasing back pain and fatigue levels; Stabilizing gestational weight gain; Easing labour and delivery; Promoting a quicker recovery postpartum, etc. During a consultation, our Exercise Therapist provides: Education on safe physical activity during pregnancy; pregnancy specific stretching, strengthening and aerobic activities; An individualized physical activity plan (derived from your own personal goals, which include a variety of activities taking your preferences into consideration).

The exercise therapist offers prenatal fitness classes twice per week on Monday's and Thursdays from 12:30-1:30 and 7:30-8:30 pm. All pregnant women are welcome to attend. The healthy weights postpartum class is also offered once per month - please call the Maternity Centre for more information.

Midwives, Family Physician, Obstetricians

We also have Midwives, a Family Physician, and Obstetricians working from the Centre.

Nurse Practitioner	A nurse practitioner offers obstetrical care for those without a care provider. A drop-in clinic is available on Thursday's from 1:00 pm -3:00 pm.
Prenatal Education Group Classes	Prenatal education classes from 27 weeks gestation are available. Classes are free and available to all women in the community. The phone number to register for prenatal classes is 684-6541.
Smoking Cessation Program	The Quit Coach provides: One on one counseling to help pregnant and postpartum women to quit smoking; Help for smokers in developing a "quit plan"; Ongoing follow-up and support, for as long as it takes; Counseling for partners and/or family members as well.

Thunder Bay Suzuki Strings/Private Teaching Studio

Address: *R.R. #13, 491 Lakeshore Drive Thunder Bay ON P7B5E4*

Phone: *(807) 683-6811* **Fax:** *(807) 683-6811*

Website:

Email:

Program(s) Available

Thunder Bay Suzuki Music Camp Suzuki Summer Music Camp offers both Suzuki and traditional method instruction in strings, flute, saxophone, clarinet, recorder, piano, brass, accordion, and voice for ages 3 to adult.

Thunder Bay Suzuki Strings Offers both suzuki and traditional method instruction in violin, viola, chamber music and orchestra.

Thunder Bay Therapeutic Riding Association

Address: *P.O. Box 10583 Thunder Bay ON P7B6G9*

Phone: *(807) 472-5650* **Fax:**

Website: *http://my.tbaytel.net/tbtra*

Email: *tbtra@tbaytel.net*

Program(s) Available

Thunder Bay Therapeutic Riding Association We offer horseback riding lessons/sessions to children for physical, recreational and social benefits. Each session is 45 minutes long from start to finish (includes loading and unloading, mounting and dismounting).

Upsala Day Care

Address: 5006 Hwy 17 Upsala Public School Upsala ON P0T2Y0

Phone: (807) 986-2352 **Fax:** (807) 986-1816

Website:

Email:

Program(s) Available

Before and After School Child Care - Upsala Best Start Before and after school child care program for school-aged children 4 - 12 years. Hours: 6:55 am - 8:55 am; 3:15 pm - 9:15 pm.

Upsala Recreation Committee

Address: 4185 Hwy 17 Upsala ON P0T2Y0

Phone: (807) 986-1667 **Fax:** (807) 986-1816

Website:

Email:

Program(s) Available

Community Events Community events such as dances, hockey, curling and craft nights.

Wesway

Address: 1703 Victoria Avenue E , Suite 210 Thunder Bay ON P7C1C8

Phone: (807) 623-2353 **Fax:** (807) 623-6413

Website: www.wesway.com

Email: dmacmillan@wesway.com

Program(s) Available

Community Friends Service Volunteer acts as connector to the community for people with disabilities in order to develop interests and build relationships.

Host Family Service Volunteer host family welcomes someone with a disability into their home to provide regular or occasional respite care and support for the family. Also provides opportunities for the individual(s) to develop new relationships and grow in independence.

In-Home Service Trained respite worker provides service right in the family home when required.

Respite Home Services Provides respite care for individuals in a home-like setting and is staffed by trained respite workers. Affords opportunities to enhance daily living skills and enjoy activities with peers.

WJ Griffis Children's Centre - CLTB

Address: 717 John Street Thunder Bay ON P7B1Z7

Phone: (807) 768-3222 **Fax:** (807) 768-5351

Website: www.cltb.ca

Email: lcurtis@cltb.ca

Program(s) Available

Montessori Pre-School Program Inclusive Montessori bambini and casa programs for children aged eighteen months to six years of age. We are a part of Community Living Thunder Bay (CLTB)

W.J. Griffis School-Age Program This is an inclusive, Montessori enhanced program for children aged six to twelve years. Montessori philosophy believes in preparing a home-like environment, where children are free to respond to their natural drive to work and learn. A child's inherent love of learning is encouraged by giving children the opportunity to engage in meaningful, specially-designed activities. Under the guidance of the teacher a child develops concentration, motivation, persistence and discipline. Within a framework of order, the child progresses at his/her own pace and rhythm, according to their individual abilities and interests.

Wee Wonders Playgroup Playgroup for children up to age six; runs Monday - Friday 9:00 am - 11:30 am; not available in the summer.

Alphabetical Listing of Children's Services

Al-Anon Alateen	1
Anishnawbe Mushkiki	1
Association des Francophones du Nord-Ouest	2
Autism Ontario - Thunder Bay & District Chapter	2
Beendigen Inc.	3
Bingwi Neyaashi Anishinaabek First Nation	3
Birthright of Thunder Bay	4
Boys & Girls Clubs of Thunder Bay	4
Camp Quality of Northwestern Ontario	6
Canada Games Complex	6
Canadian Hearing Society	7
Canadian Mental Health Association	8
Canadian National Institute for the Blind	8
Canadian Red Cross	9
Catholic Family Development Centre	9
Centre Grandir en français	10
Child Care Resources	10
Children's Aid Society of the District of Thunder Bay	11
Children's Centre Thunder Bay	11
Children's Museum for Thunder Bay	11
Children's Wish Foundation of Canada	12
City of Thunder Bay Children's Services	13
City of Thunder Bay, Recreation & Culture Division	14
Communities Together for Children - Early Years/Best Start	15
Community Care Access Centre (CCAC)	17

Community Midwives of Thunder Bay	18
Confederation College, Children & Family Centre	18
Creative Therapy Associates	19
CSDC des Aurores boréales	19
Dilico Anishinabek Family Care	20
Easter Seal Society, (The)	21
Expert Hearing Solutions	21
Fetal Alcohol Support & Information Network	21
Footsteps Family Centre	22
Fort William First Nation Health Center	22
Fort William Historical Park	23
George Jeffrey Children's Centre	24
Giant Gymnastics	25
Girl Guides of Canada	26
Handicap Action Group Inc. Wilderness Discovery Family Resort	27
Harbour View Child Care Centre	27
Home Child Care Network	27
Indian Youth Friendship Society	28
Integrated Services for Northern Children	29
KA:NEN Our Children Our Future	29
Keewatin-Patricia District School Board	30
Kindermusik of Thunder Bay	30
Kindermusik with Kelly Green	31
Kinderplace Child Care Centre	31
Kumon Centre Thunder Bay South	32
La Leche League	32

Lakehead District School Board	33
Lakehead Social Planning Council	33
Learning Disabilities Association of Thunder Bay	34
Little Lions Waldorf Daycare & Kindergarten	34
Little Myrtle's Daycare	34
Mahmowenchike Family Development Centre	35
Ministry of Community, Family and Children's Services	35
Music For Young Children	36
Music with Mary Lou	36
Nanabijou Childcare Centre	36
NorWest Community Health Centres	37
Nurses Registry Thunder Bay	38
Ontario Native Women's Association	38
Our Kids Count (OKC)	39
Partners in Rehabilitation	40
Precious Bundles	41
Pregnancy & Health Community Outreach Project	41
PRO Kids - Recreation and Culture Division	42
Réseau francophone de santé du Nord de l'Ontario	42
Rural Family Resource Centre	43
Rural Roots Children's Centre	43
Scholars Education Centre	45
Schoolhouse Playcare Centre	45
Scouts Canada: Northern Ontario Council	46
Seventh-Day Adventist Church and Academy	46
Sister Margaret Smith Centre	46
St. John Ambulance - Thunder Bay	47

Step by Step Child Care Center	47
Sylvan Learning Centre	47
Thunder Bay Aboriginal Head Start	48
Thunder Bay Breastfeeding Coalition	48
Thunder Bay Catholic District School Board	48
Thunder Bay Christian Community Centre	49
Thunder Bay Christian School	49
Thunder Bay Counselling Centre	50
Thunder Bay District Health Unit	51
Thunder Bay District Social Services Administration Board	53
Thunder Bay Down Syndrome Association	53
Thunder Bay Gymnastics Association	53
Thunder Bay Metis Council - Metis CAPC	54
Thunder Bay Public Libraries	54
Thunder Bay Regional Health Sciences Centre	56
Thunder Bay Suzuki Strings/Private Teaching Studio	57
Thunder Bay Therapeutic Riding Association	57
Upsala Day Care	58
Upsala Recreation Committee	58
Wesway	58
WJ Griffis Children's Centre - CLTB	59